

# UNIT PLAN (2023-2024)

B.A -3 (5<sup>TH</sup> SEM)

SUBJECT - CLINICAL PSYCHOLOGY

TOTAL MARKS: 100

THEORY : 70

PRACTICAL : 20

INTERNAL ASSESSMENT : 10

SR.NO.	TOPIC	TEACHING POINTS	OBJECTIVE	METHODS & TECHNIQUES	RESOURCES & LINKS
1. UNIT-1	NATURE AND CRITERIA OF PSYCHOPATHOLOGY	<ul style="list-style-type: none"><li>VIEWPOINTS REGARDING PSYCHOPATHOLOGY: HISTORICAL, PSYCHODYNAMIC, BEHAVIOURAL, COGNITIVE, HUMANISTIC, AND INTERPERSONAL</li><li>NATURE AND SCOPE OF CLINICAL PSYCHOLOGY</li></ul>	The objective of the paper is to provide broad understanding of basic concept and techniques related to study of human behaviors in work-environment and to manage behavioral aspects of organization	1) Class teaching with examples 2) Group discussions 3) power point presentations	1) Butcher, J.K., hoaley, J.M., mineka, S. Kapoor, P. (2020). Abnormal Psychology (17 <sup>th</sup> Ed. ) Pearson India.  2) Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology, New York : John Wiley and Sons

UNIT -2	CAUSES OF PSYCHOPATHOLOGY	<ul style="list-style-type: none"> <li>● BIOLOGICAL</li> <li>● PSYCHOLOGICAL</li> <li>● SOCIOCULTURAL</li> </ul>			<p>3) Feldman, R.S. (2014) . Understanding Psychology , New Delhi: Tata McGraw Hill .2.</p> <p>4) Garret, H.E.(1996) . Statistics in Psychology and Education , New Delhi: Vakils, Feffer ,and Simons</p>
UNIT -3	STRESS	<ul style="list-style-type: none"> <li>● CONCEPT OF STRESS</li> <li>● TYPES OF STRESSORS; ETIOLOGY OF STRESS</li> <li>● COPING STRATEGIES: PROBLEM FOCUSED AND EMOTION FOCUSED, EFFECTS OF STRESS.</li> </ul>			<p>5) Guilford, J.P., and Fruchter, B.(1981) . Fundamental Statistics in Psychology and Education. Singapore: McGraw Hill</p> <p>6) Sarason, B.r. &amp; Sarason, I.G. Abnormal Psychology : The Problem of Maladaptive behaviour(11/e)_ Prentice Hall of India.</p>

SIGNIFICANCE OF STATISTIC	● MEAN, STANDARD DEVIATION ,CORRELATION.			7) Sayette, M.A. and Norcross, J.C. (2020). Insider's guide to Graduate Programs in Clinical and Counselling Psychology. Guilford Press : New York, London
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